

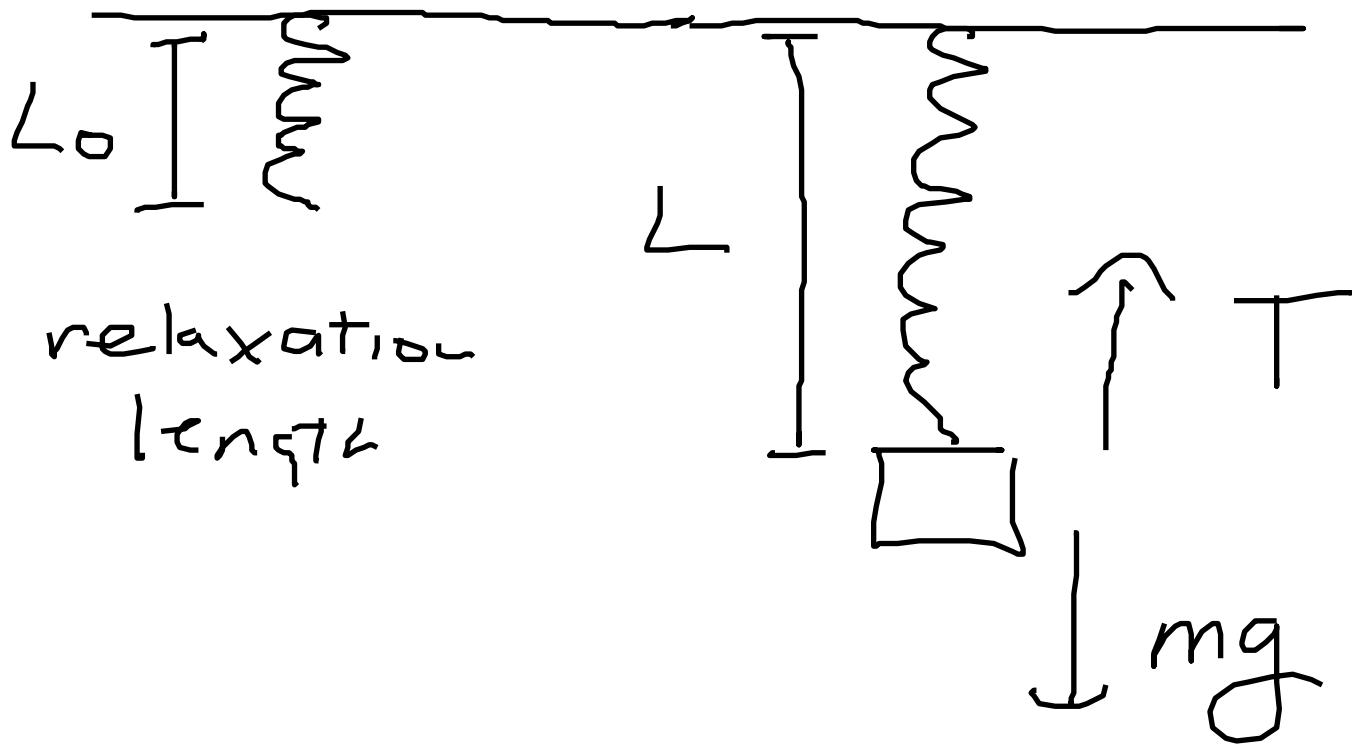
If it accelerates upward

$$\vec{a} = \frac{\vec{F}_{\text{net}}}{m}$$

$$\vec{F}_{\text{net}} = T \uparrow + mg \downarrow$$

$$= (T - mg) \uparrow$$

$$T > mg$$



$$T = k(L - L_0)$$

← ΔL

At equilibrium (no motion)

how long is the spring?
 (in terms of m, g, k, L_0)

equilibrium

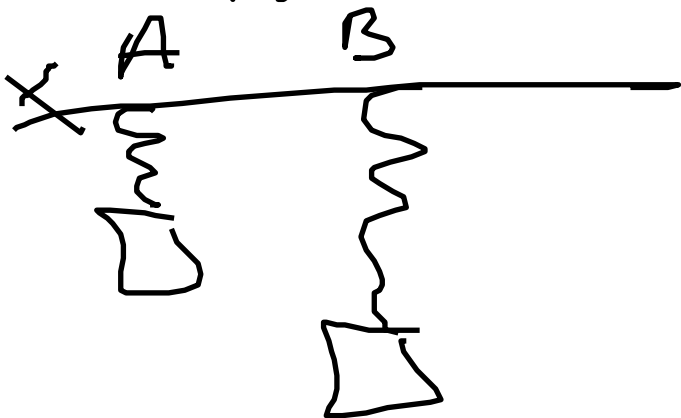
$$T = mg$$

$$k(\underline{L} - L_0) = mg$$

$$L - L_0 = \frac{mg}{k}$$

$$L = L_0 + \frac{mg}{k}$$

Bigger $m \rightarrow$ bigger L



which has
larger spring
constant $k \rightarrow$

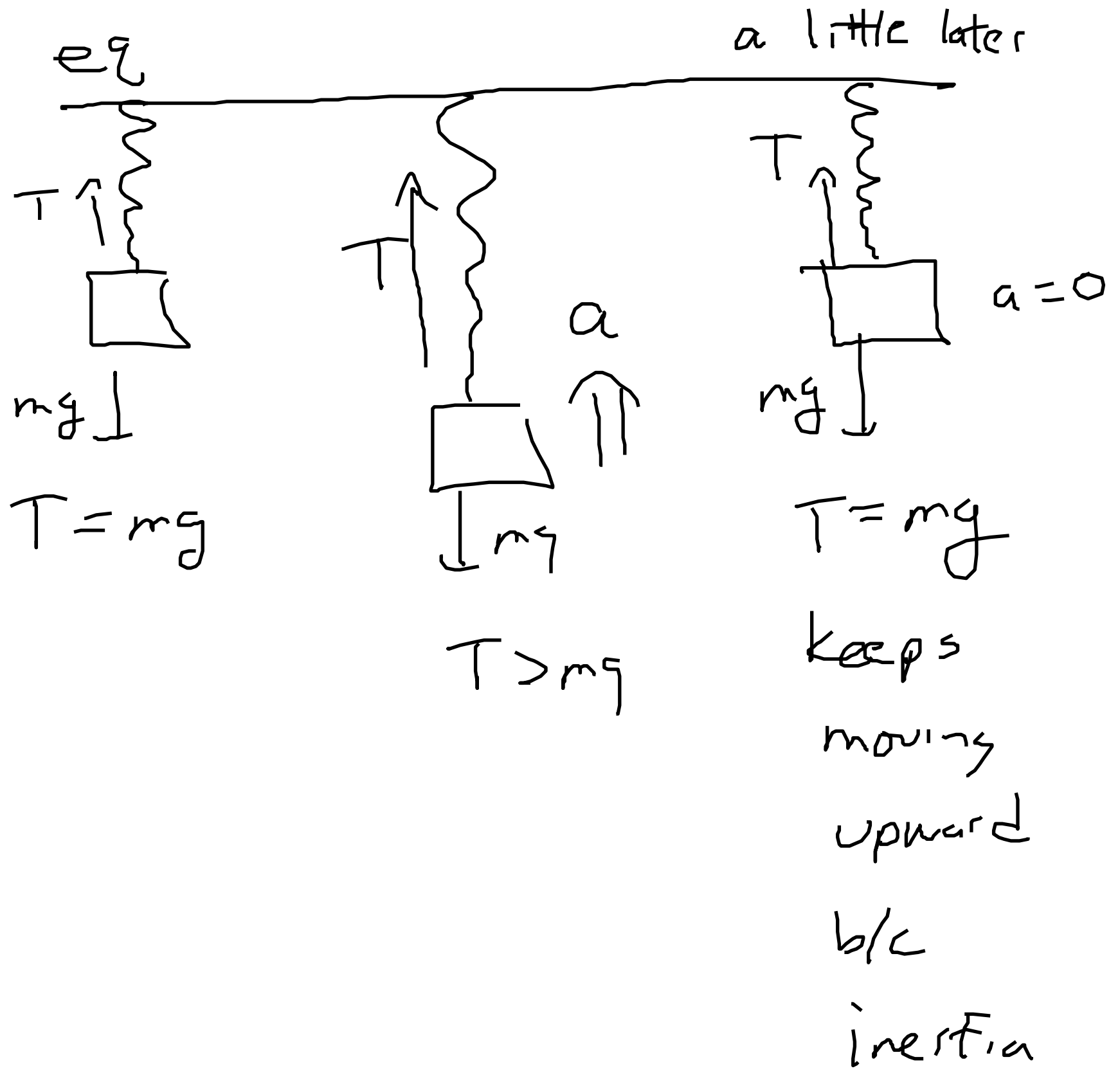
A

k : Spring constant
stiffness

units: N/m

How much force do
you need to stretch
spring by a meter?

$1200 N/m$



○ oscillations :-

- "equilibrium point"
where forces balance
- "restoring force"
pushes system back
to equilibrium
- "inertia"
when system reaches
equilibrium, it keeps
going

period of oscillation

time it takes to

undergo 1 cycle

$$T = 5s = 5 \frac{s}{\text{cyc}}$$

↳ How long does it

take to go through

7 cycles? "

$$5 \frac{s}{\text{cyc}} \times 7 \text{ cyc} = 35s$$

$$\frac{1}{T} = \frac{1}{5 \text{ s/cyc}} = \frac{1}{5} \frac{\text{cyc}}{\text{s}}$$

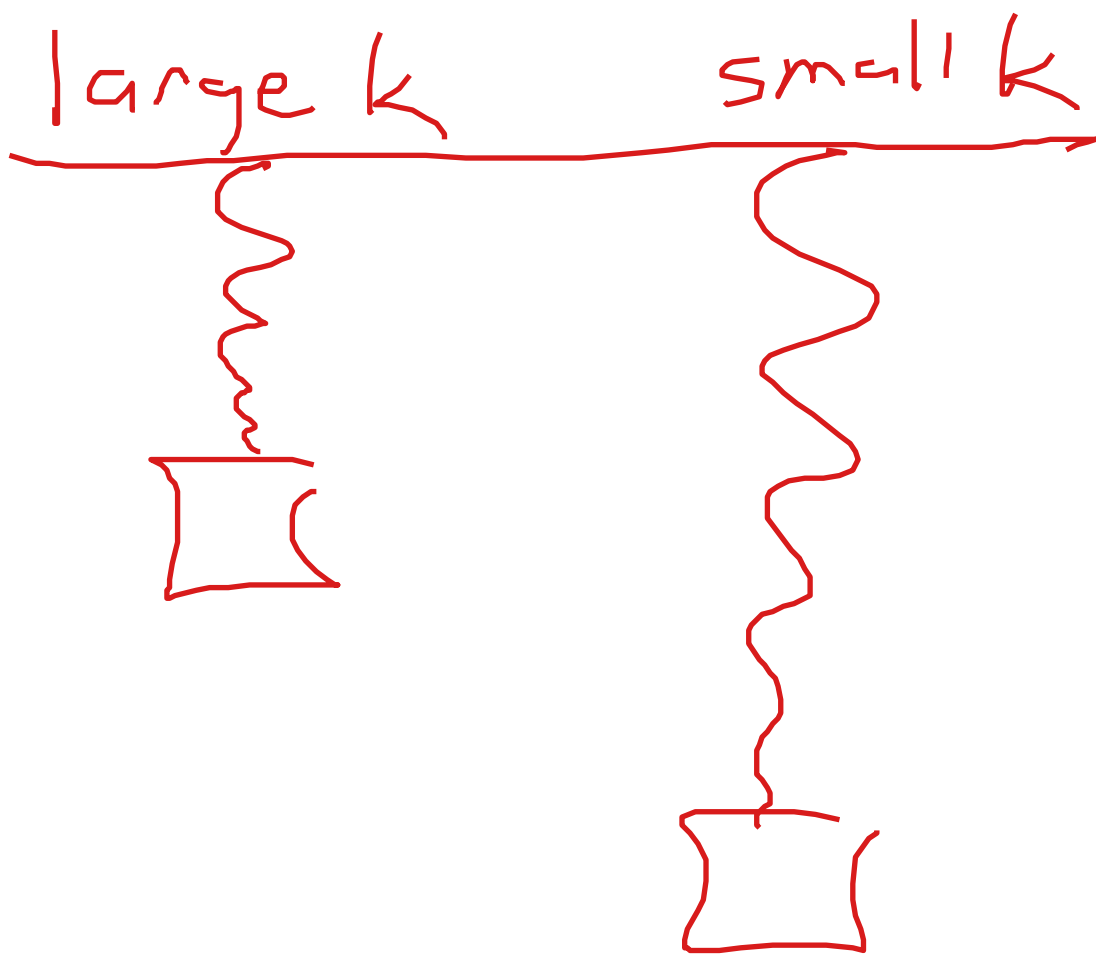
f frequency $f =$

$$f = 0.2 \frac{\text{cyc}}{\text{s}}$$

$$= 0.2 / \text{s}$$

$$= 0.2 \text{ Hz} \quad \swarrow \text{Hertz}$$

(In class deno)



Which has larger f ?

larger f
"faster"
oscillation

smaller f
"slower"
oscillation